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Awakenings Prayer Institute

PRAYING THE

TIMELINE

OF YOUR LIFE



Reflecting on Our Life's Journey

Psalm 139

For the director of music. Of David. A psalm.

- ¹ O LORD, you have searched me
and you know me.
- ² You know when I sit and when I rise;
you perceive my thoughts from afar.
- ³ You discern my going out and my lying down;
you are familiar with all my ways.
- ⁴ Before a word is on my tongue
you know it completely, O LORD.
- ⁵ You hem me in—behind and before;
you have laid your hand upon me.
- ⁶ Such knowledge is too wonderful for me,
too lofty for me to attain.
- ⁷ Where can I go from your Spirit?
Where can I flee from your presence?
- ⁸ If I go up to the heavens, you are there;
if I make my bed in the depths, you are there.
- ⁹ If I rise on the wings of the dawn,
if I settle on the far side of the sea,
¹⁰ even there your hand will guide me,
your right hand will hold me fast.
- ¹¹ If I say, “Surely the darkness will hide me
and the light become night around me,”
¹² even the darkness will not be dark to you;
the night will shine like the day,
for darkness is as light to you.
- ¹³ For you created my inmost being;
you knit me together in my mother’s womb.
- ¹⁴ I praise you because I am fearfully and wonderfully made;
your works are wonderful,
I know that full well.
- ¹⁵ My frame was not hidden from you
when I was made in the secret place.
When I was woven together in the depths of the earth,
¹⁶ your eyes saw my unformed body.
All the days ordained for me
were written in your book
before one of them came to be.

Spend a few minutes praying over this passage:

Psalm 40

For the director of music. Of David. A psalm.

- ¹ I waited patiently for the LORD;
he turned to me and heard my cry.
- ² He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.
- ³ He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear.
and put their trust in the LORD.



Step Five – Pray it Back to God

Pray over a Signature Scripture

Now search out a Signature Scripture for the story of your life. Pray over that Scripture as you ponder how God has worked his good and perfect will in your life.

God Made You For A Purpose

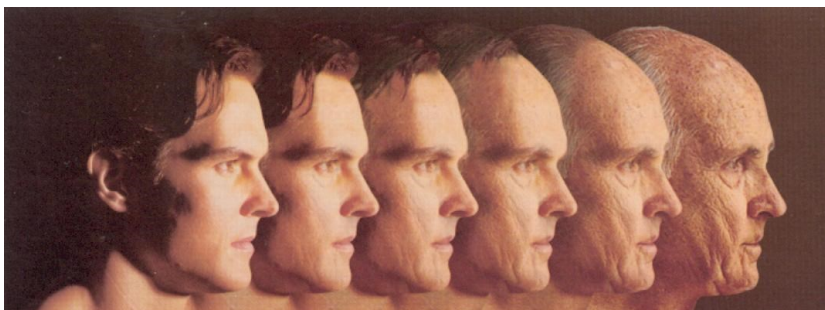
Take a moment now and thank God for his commitment to forming you in the image of Christ. Pray and ponder how God has used these events to inspire you and open up the journey before you.



Step Four—What is Your Need?

Create a Breath Prayer

Now create a Breath Prayer for the story of your life. What great need does your timeline reveal? What name for the Lord shows how he is able to meet that need?



Start Each Step With Prayer

Spend a few minutes praying over this passage:

Jeremiah 18: 3-4

³ So I went down to the potter's house, and I saw him working at the wheel. ⁴ But the pot he was shaping from the clay was marred in his hands; so the potter formed it into another pot, shaping it as seemed best to him.



Consider God's unique work in your life to form you into the image of Christ. Consider that his plan for you stems from before the foundation of the world.

Step One - What Happened?

Create an events list

Select a time period, It could be a whole lifetime or only the last 10 years. Perhaps you have done timeline work before—you may want to update one you have been working on. Spend no more than 5-6 minutes jotting down as many events in your life as can. Don't linger over this.

You Are God's Workmanship

Spend a few minutes praying over this passage:

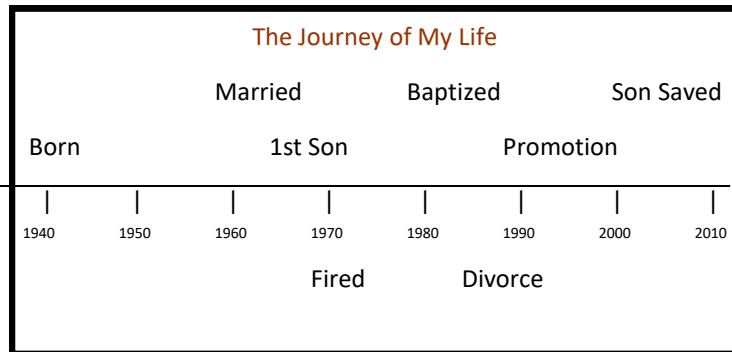
Ephesians 2:8-10

⁸For it is by grace you have been saved, through faith — and this not from yourselves, it is the gift of God — ⁹not by works, so that no one can boast. ¹⁰For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Step Two – When Did It Happen?

Place your events along a timeline

Start by drawing a horizontal line across the center of a page. Mark it off in increments of time. Decades are suggested because they allow you to work quickly, not getting stalled trying to remember the dates.



Again, try to work quickly, taking no more than 5-6 minutes on this step. From your events list, select the more significant events first. Place hi-point events above the line and lo-point events below the line.

Spend a few minutes praying over this passage:

Philippians 1:3-6

³ I thank my God every time I remember you. ⁴ In all my prayers for all of you, I always pray with joy ⁵ because of your partnership in the gospel from the first day until now, ⁶ being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

Step Three – Who Was There?

Who was there during these events?

Under each event, write the names of significant people who were there — whether helping, hindering, or just sharing the experience. As you fill in these names, offer thanks to God for these people.



God Shows Himself Through the People He Sends into Our Lives